



Interfaith Towers

Community News

March 2012



Manager's Corner

So long, winter, let's get ready to enjoy spring, which officially begins March 20. Even though this winter was mild compared to other years, spring is still a very welcome sight!

Daylight saving time begins on Sunday, March 11. Be sure to set your clocks ahead before going to bed on Saturday evening and enjoy the longer days of sunlight ahead!

There's lots of activity happening in our community throughout the month of March, keep your calendars handy so you don't miss a thing! Have a great month and as always ... keep in touch.

~Mary

SUNSHINE FUND

Beginning in the month of March, we will begin a new tradition to highlight resident support of our "Sunshine Fund." This fund is generated through resident donations and is used to cover the cost of flowers delivered to your neighbors after a hospitalization. The welcome sight of a vase of flowers when returning home from a hospitalization is always appreciated. Donations are generally made when paying monthly rent. Many residents include a dollar or two in cash to donate to this fund. Each month, a name card will be offered to anyone who makes a donation. We can then hang them around the office window. This will help raise awareness of this fund and create a nice monthly decoration celebrating it.

Staff

Mary Scileppi
Property Manager
Linda Gorzka
Administrative Assistant
Anita Tomaszewski
Resident Advisor
Penny Napolitano
Bookkeeper
Terry VanVlack
Superintendent
Roy Charter
Custodian

Important Numbers

Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636

Pathstone Senior

Employment Program Staff

Anna Smith - Café/Store
Joyce Williams - Café/Store
Helen Douglas - Computer Lab

Office Hours

Monday-Friday 8 a.m.-4 p.m.



Irish Blessing

May your blessings outnumber
The shamrocks that grow,
And may trouble avoid you
Wherever you go.



Glass Half Full

Research shows that optimists enjoy more health, prosperity and happiness than pessimists. So make the most of Optimism Month in March.





Talk About It

Creative Crafts

Use this discussion topic to reminisce about your past. Talk with your friends about your memories and learn how everyone's experiences were similar or different.

- March is National Craft Month. Do you like doing crafts?
- Arts and crafts range from painting to sewing to woodworking. What creative hobbies have you enjoyed over the years?
- Is there a craft project you undertook that you are particularly proud of? Have you ever attempted a new craft and decided it wasn't the right hobby for you?
- What craft projects do you enjoy today?



HAPPY BIRTHDAY!

| | |
|----------|------------------|
| March 2 | Paul Jenkins |
| March 3 | Jean Hart (I) |
| March 4 | Hazel Mullen |
| March 6 | Dorothy Cole |
| March 8 | Fatima Ramusevic |
| March 10 | Patricia Coone |
| March 11 | Valdemar DuBois |
| March 13 | Marion Reed |
| March 18 | Earl Woods |
| March 28 | Egerton McLean |

Happy birthday with many blessings!

Bulk Trash Pickup Dates

The City of Poughkeepsie will pick up bulk trash here at Interfaith Towers on Wednesdays, May 16 and Sept. 12. Residents must call (845) 451-4111 to schedule an appointment. There is a limit of five items per household and one pickup per year. There is a charge to dispose of televisions and items containing Freon (A/Cs, refrigerators, etc.). Please call the office if you have any questions.



Bumper Sticker Snicker

The road to success is always under construction.

Resident Advisor's Column

Hi all,

We have scheduled a guest speaker to come to our Manager's Coffee on Friday, March 2. Tammy Keutmann, Director of Admissions at the Pines Nursing Home will speak about living wills, advanced directives and other topics that are very important to all residents. Please plan to come.

Also, the Zumba classes offered on Fridays at 10 a.m. are going great! It's fun for everyone. If you haven't come down to participate or even watch, please do, you'll see what all the buzz is about!

Till next month, stay well.

Anita



Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Thursday, in the community room for a suggested donation of \$3. Sign-up sheets are posted on our main lobby bulletin boards. Sign up by 10 a.m. on the previous day to enjoy a great meal at a great price!



Positive Thought

"A great leader's courage to fulfill his vision comes from passion, not position." —John Maxwell

Welcome Home

3/1 ~ *Brigitte & Julius Wilson ~ 4I*
3/16 ~ *Rose Allen-Clark ~ 5K*

We wish you years of happiness and many blessings in your new home!



MANAGER'S COFFEE

Our monthly *Manager's Coffee* is scheduled on

Friday, March 2, at 2 p.m.

Our Guest Speaker immediately following the meeting is Tammy Keutmann, Director of Admissions at The Pines to talk about living wills and Medicare Regulations.



Monthly Breakfast

Friday, March 23, 8-9:15 a.m.

Pancakes, French Toast, Scrambled Eggs, Bacon Sausage, Pastries, Fresh Fruit, Coffee, Tea and Orange Juice

Purchase your ticket in the office—\$2 for residents and guests alike. Join us for breakfast and invite a friend!

**** Note the date is a week earlier than usual!****



Wit & Wisdom

"I had to live in the desert before I could understand the full value of grass in a green ditch."
—Ella Maillart

"For in the true nature of things, if we rightly consider, every green tree is far more glorious than if it were made of gold and silver."
—Martin Luther

"If your knees aren't green by the end of the day, you ought to seriously re-examine your life."
—Bill Watterson

"The sincerity of the art worker must permeate the song as naturally as the green leaves break through the dead branches in springtime."
—Alma Gluck

"Green, how I want you green. Green wind. Green branches."
—Federico Garcia Lorca



St. Patrick's Day Dinner

Please join us on Thursday, March 15, at 3 p.m. for our annual **St. Patrick's Day Dinner**

Our menu will include:
Corned Beef & Cabbage
Potatoes, Carrots & Onions
Irish Soda Bread
and
Carrot Cake

Tickets cost: \$3 Residents / \$6 Guests. Guests are limited to one per resident for this popular event due to space constraints.

Purchase your tickets in the office. Remember, the cost doubles the date of the event, so get your tickets early!



Monthly Bingo

Monday, March 12, at 2:30 p.m.

Wednesday, March 21, at 2:30 p.m.

Come enjoy an afternoon of BINGO!
Cards cost \$1 each.

March 2012

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March

| | | | | | | | |
|---|---|---|--------------------|--|---|--|---|
| | | | | | 1 | 2 | 3 |
| | | | | | 2nd Floor Recon 7 a.m. Schwan's 12:30 p.m. | SEP 9 a.m. ZUMBA 10 a.m. Manager's Coffee 2 p.m. | Private Party Community Room 3-6 p.m. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| Eucharistic Service 11:30 a.m. | SEP 9 a.m. Bible Study 6:30 p.m. Apt. 8L | TransCare Bingo 1:30-3 p.m. Community Room | | 8th Floor Vents 1 p.m. AARP 1 p.m. | SEP 9 a.m. Zumba 10 a.m. | Wranglers 1-4 p.m. | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | |
| Eucharistic Service 11:30 a.m. DAYLIGHT SAVING TIME BEGINS | SEP 9 a.m. BINGO 2:30 p.m. Bible Study 6:30 p.m. Apt. 8L | TransCare Blood Pressure Clinic 10 a.m. Community Room | | 1ST Floor Recon 7 a.m. Schwan's 12:30 p.m. St. Patrick's Day Dinner 3 p.m. | EXTERMINATOR 9 a.m. SEP 9 a.m. ZUMBA 10 a.m. | Happy St. Patrick's Day  | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| Eucharistic Service 11:30 a.m. | SEP 9 a.m. Bible Study 6:30 p.m. Apt. 8L |  1ST DAY OF SPRING | BINGO 2:30 p.m. | 7th Floor Vents 1 p.m. | Breakfast 8-9:15 a.m. SEP 9 a.m. Zumba 10 a.m. | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| Eucharistic Service 11:30 a.m. | SEP 9 a.m. Bible Study 6:30 p.m. Apt. 8L | | | 12th Floor Recon 7am Schwan's 12:30 p.m. | Zumba 10 a.m. |  | |

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