



Interfaith Towers

Community News

July 2014

MANAGER'S CORNER

Summer is in full swing! Mark your calendars and be sure to join us for our annual Grill Days on July 3 and 17. Hot dogs and hamburgers always taste better right off the grill! We'll start serving at 1:00 p.m. so come down and enjoy lunch with your neighbors and friends!

It is with sadness that we bid a fond farewell to Alicia. Our best wishes go with her as she relocates with her family to Maryland. I am hopeful that by the time this newsletter is delivered on July 1 we are able to announce the name of our new Resident Advisor.

Enjoy the month of July!
Mary and your staff of Interfaith Towers



Laugh Lines: How Hot Is It?

You know it's hot when ...

- Birds need potholders to pull worms out of the ground.
- Farmers feed their hens crushed ice so they won't lay hard-boiled eggs.
- You need a spatula to change your clothing.
- A scalding shower cools you down.
- Cows give evaporated milk.
- A dog is chasing a cat, and they're both walking.
- The directions on a can of soup say, "Just pour and eat."
- You notice your car overheating before you drive it.
- The best parking place is determined by shade instead of distance.
- Pigs complain about sweating like humans.

Staff

- Mary Scileppi**
Property Manager
- Linda Van Vlack**
Administrative Assistant
- Alicia Phillips**
Resident Advisor
- Penny Napolitano**
Bookkeeper
- Roy Charter**
Superintendent
- Jim Scism**
Custodian/Maintenance Asst.

Important Numbers

- Office (845) 452-1172
- Office FAX (845) 452-0106
- Emergency Pager . (845) 431-6636

Pathstone Senior Employment Program Staff

- Kathleen Wilkinson - Caf /Store
- Helen Johnson - Caf /Store

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Positive Thought

"There are exactly as many special occasions in life as we choose to celebrate." —Robert Brault

Motivational Tip

"Challenges are what make life interesting; overcoming them is what makes life meaningful." — Joshua J. Marine



Holiday ABCs

- F is for Fighting for the Freedoms we believe in
- R is for Remembering key figures of the past
- E is for Educating youth on the benefits of freedom
- E is for Every person having the right to liberty



Remember Me?

Mention the song "Moon River," and his name most likely comes to mind. Crooner Andy Williams defined wholesome entertainment and easy-listening music for a generation. Enjoy these facts about the iconic American singer:

He was born Howard Andrew Williams on Dec. 3, 1927, in Wall Lake, Iowa.

His career began at the age of 8 as the youngest member of the Williams Brothers quartet.

In his 75-year career, Williams earned 18 gold records, three platinum records and three Emmy awards.

Williams was the first headline entertainer at the opening of Caesars Palace in Las Vegas.

His TV variety show, "The Andy Williams Show," was regular weekly viewing in American households from 1962 to 1971.



HAPPY BIRTHDAY!

July 2	Barbara Thestrup
July 3	Suzanne Morrissey
July 7	Norma Chalmers
July 8	Ronald Sofia
July 14	Joan Blom
July 14	Mary Scileppi
July 21	William Spindler
July 23	Anna Parry
July 23	Veronica Scivolette
July 26	Lucretia Lisk
July 26	Ann Pinello

Happy Birthday with many blessings throughout the coming year!



SPONSOR OF THE MONTH

Our many thanks to **Zounds Hearing of Dutchess** for sponsoring the month of July. Zounds Hearing of Dutchess mission is to help the Hudson Valley senior community to better enjoy life through improved hearing health. Please join us and feel free to invite your family members who may be interested for an informational meeting on **Thursday, July 10, at 10 a.m. in the Community Room** to learn more.

RESIDENT ADVISOR'S CORNER

Hello everyone,

As the old phrase goes, all good things must come to an end. As most of you are now aware I will be leaving my position here as Resident Advisor effective July 4, 2014. It has been a truly rewarding year for me filled with a treasure of fond memories and lessons that I will take with me as I re-locate with my family to Maryland. My deep appreciation to each and every one here, it has been a pleasure working in such a positive community. I will miss you all very much. :(

With love,
Alicia

Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon Monday through Thursday in the community room for a suggested donation of \$3. **Sign-up sheets are posted on our main lobby bulletin boards. Sign up by NOON on the previous day** to enjoy a great meal at a great price!



Enjoy Your Summer

Go outside once a day just to savor the fresh air and sunshine.



GRILL DAYS

Please join us on
Thursday, July 3
and
Thursday, July 17
at 1:00 p.m.
for our annual

Grill Days

in the Community Room.

We'll fire up the grills and have the following available for purchase:

- Hot Dogs ~ \$1.00*
- Hamburgers ~ \$1.25*
- Cheeseburgers ~ \$1.50*
- Baked Beans ~ \$.50*
- Chips ~ \$.50*
- Bottled Water ~ \$.50*
- Soda ~ \$.60*
- Watermelon ~ \$.25*
- Cupcakes ~ \$.50*

No tickets necessary, just pay at the register for what you order. We hope to see you all there!



MONTHLY BINGO!

Wednesday, July 23, at 2:30 p.m.

Come enjoy an afternoon of BINGO!
Cards cost \$1 each.



MANAGER'S COFFEE

Our monthly
Manager's Coffee
is scheduled on

Friday, July 11, at 2:00 p.m.

The informational meeting is followed by refreshments. All residents are invited and encouraged to attend.



Monthly Breakfast

Friday, July 25th ~ 8 - 9:15 a.m.

Pancakes, French Toast, Scrambled Eggs, Bacon, Sausage, Fresh Fruit, Pastries, Coffee, Tea and Orange Juice
Purchase your ticket in the office—\$2 for residents and guests. Join us for breakfast and invite a friend!

Benefits of Juice

Make a resolution to drink more juice this year. A Vanderbilt University study found that people who drank at least three servings of fruit or vegetable juice a week had a 76 percent lower risk for developing Alzheimer's disease than those who drank less than a serving weekly.







Talk About It

Let Freedom Ring

Independence Day is a time to celebrate the freedom of our nation. Discuss with your friends and neighbors what this word means to you.

- How do you define freedom?
- What freedom do you have that you are most thankful for? Why?
- Can you remember a time when you or someone you knew didn't have a particular freedom or right? What was the situation?
- Are there any freedoms that you think are still missing today? Why do you think that is? Why should we have these freedoms?
- Imagine a world where you didn't have the same freedoms you have now. How would your life be different?

July 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			SCHWANS 12:30 p.m.	4th Floor Recon 7 a.m. GRILL DAY 1PM	Independence Day OFFICE CLOSED	
6	7	8	9	10	11	12
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		6th Floor Inspections 1:30 - 3 P.M.	4th Floor Vents 1 p.m. ZOUNDS HEARING OF DUTCHESS INFORMATIONAL SESSION 10 A.M.	SEP 9 a.m. ZUMBA 10 a.m. MANAGER'S COFFEE 2:00 PM	Wranglers 1-4 p.m.
13	14	15	16	17	18	19
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		SCHWANS 12:30 p.m.	3rd Floor Recon 7 a.m. GRILL DAY 1PM	EXTERMINATOR 9 A.M. SEP 9 a.m. Zumba 10 a.m.	
20	21	22	23	24	25	26
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		BINGO 2:30 p.m.	3rd Floor Vents 1 p.m.	Breakfast 8-9:15 a.m. ZUMBA 10 a.m.	
27	28	29	30	31		
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		SCHWANS 12:30 p.m.	2nd Floor Recon 7 a.m.		