



Interfaith Towers

Community News

January 2013

Manager's Corner

With the new year ahead of us, it is a pleasure to reflect upon the good times we had in our community last year. We have shared wonderful news, as well as unfortunate sorrow, and we know we have many blessings for which we should be thankful and possibilities that await us as we approach the months to come. The year ahead brings new opportunities to help fellow neighbors in our community and to support the larger community that surrounds us.

Keep an eye on this newsletter as we bring you notice of familiar events and important news, and let us know if you have an idea for something new and exciting we can plan together.

We wish you a safe, healthy and happy New Year!

Mary & your Staff of Interfaith Towers

Positive Thought

"A person without a sense of humor is like a wagon without springs. It's jolted by every pebble on the road." —Henry Ward Beecher



3 Things You Need to Know

1) Flu sufferers can infect others up to seven days after symptoms start.

2) The flu vaccine is the best way to get protection from infection, but your body can take two weeks to develop complete antibodies.

3) Stay home during illness, wash your hands and cover your mouth while coughing to help stop the spread of the virus.

Staff

Mary Scileppi

Property Manager

Linda Gorzka

Administrative Assistant

Anita Tomaszewski

Resident Advisor

Penny Napolitano

Bookkeeper

Terry VanVlack

Superintendent

Roy Charter

Custodian

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636

Pathstone Senior

Employment Program Staff

Anna Smith - Café/Store

Kathleen Wilkinson - Café/Store

Helen Douglas - Computer Lab

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Chilly Weather Tips

As we age, our bodies become less resistant to the elements and cold temperatures. Hypothermia and frostbite are serious concerns for seniors. If you go outside, layer your clothing and cover as much skin as possible. Add a hat and limit your time outside.



"I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We

hold these truths to be self-evident: that all men are created equal.'"

—Martin Luther King Jr.



Talk About It

Winter Fun

Some people like the warmth of summer, but others prefer the briskness of winter's chilly air. Gather with friends or family and discuss what you like best about winter.

- What is your favorite winter activity? Have you ever been ice skating, ice fishing or snow skiing?
- Have you ever built a snowman? What did it look like? What materials did you use to decorate?
- Did you have snowball fights when you were a kid? Did you ever build a snow fort?
- Was school ever canceled because of the weather? What would you do on these snow days?



HAPPY BIRTHDAY!

Jan. 1	Irene Dourdis
Jan. 2	Mary McNamara
Jan. 6	Laura Lynk
Jan. 7	Kathleen Critchley
Jan. 8	Gloria Cusimano
Jan. 8	Hermine Ingoglia
Jan. 10	Elfriede Barrett
Jan. 12	Tiny Baker
Jan. 13	Deloris Felder
Jan. 16	Richard Wilson
Jan. 17	Beverly Johnson
Jan. 20	Louree Johnson
Jan. 20	Sadie McLean
Jan. 21	John Kosticky
Jan. 25	Arnold Matheson
Jan. 30	Joseph Licato
Jan. 30	Julius Wilson
Jan. 30	Muriel Yeaple

Happy birthday with many blessings throughout the coming year!



Newcomers' Reception

Please join us on Wednesday, Jan. 30, at 2 p.m. as we officially welcome all of our new neighbors and friends who moved onto our community in 2012. Refreshments will be served! Come one and all!

RESIDENT ADVISOR'S CORNER

Happy New Year!

For those of you who may have a member of your family caring for an aging parent or loved one, St. Francis Home Care Services holds a Caregivers' Support Group every 3rd Monday of the month from 5-6 p.m. To register for this free workshop, call (845) 483-5560.

Anna Smith, of Pathstone Senior Employment Program, has worked with us in our cafe/store for four years! Sadly, her last day here is Jan. 9. Please feel free to stop by the store to wish her well. She will most certainly be missed by us all!

Sincerely,
Anita

Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Thursday, in the community room for a suggested donation of \$3. Sign-up sheets are posted on our main lobby bulletin boards. Sign up by 10 a.m. on the previous day to enjoy a great meal at a great price!



Welcome Home

12/16 ~ John Cummings ~ 8E
Wishing you years of happiness and many blessings in your new home!



Community News

MANAGER'S COFFEE

Our monthly
Manager's Coffee

is scheduled on

Friday, Jan. 4, at 2 p.m.

Informational meeting followed by refreshments. Stephanie Brideau, Consumer Fraud Representative from the District Attorneys office, will speak about consumer fraud awareness and prevention. All residents are invited and encouraged to attend.



Monthly Breakfast

Friday, Jan. 25, 8-9:15 a.m.

Pancakes, French Toast, Scrambled Eggs, Sausage, Bacon, Pastries, Fresh Fruit, Coffee, Tea and Orange Juice

Purchase your ticket in the office—\$2 for residents and guests alike. Join us for breakfast and invite a friend!



Remember Me?

Jean Arthur was the quintessential leading lady of the screwball comedy genre popular in the 1930s and '40s, starring in "You Can't Take It With You," "The Talk of the Town" and "The More the Merrier."

Arthur was born Gladys Georgianna Greene and took her professional name from two of her heroes, Joan of Arc and King Arthur.

Shyness and stage fright were a constant presence in Arthur's life. In fact, she was set to play Billie Dawn in the Broadway play "Born Yesterday" but was so overcome with nerves that she left the production, leaving Judy Holliday to originate the role.

In her later years, Arthur taught acting classes at Vassar College, where one of her students was a promising young actress named Meryl Streep.



SOUP & SANDWICH BINGO!

Please join us on
Wednesday, Jan. 16, at 1 p.m. for
Soup & Sandwich Bingo

Homemade
Chicken Rice Soup
Mixed Cold Cuts or Turkey Sub Slice
Chips
and
Brownies

Purchase your tickets in advance at the office for only \$2/Residents and \$4/Guests. Remember, cost always doubles the day of the event, so get your ticket early! Hope to see you all there.



Monthly Bingo

Tuesday, Jan. 8, at 2:30 p.m.

Wednesday, Jan. 30, at 2:30 p.m.

Come enjoy an afternoon of BINGO!
Cards cost \$1 each.

January 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> 	<p>2</p>	<p>3</p> <p>New Year's Day Office Closed</p>	<p>4</p>	<p>5</p> <p>Schwan's 12:30 p.m.</p> <p>6th Floor Vents 1 p.m.</p>	<p>6</p> <p>SEP 9 a.m.</p> <p>ZUMBA 10 a.m.</p> <p>Manager's Coffee 2 p.m.</p>	<p>7</p> 
<p>8</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>9</p> <p>SEP 9 a.m.</p> <p>TransCare Bingo 1:30-3 p.m. Community Room</p> <p>Bible Study 6:30 p.m. Meeting Room</p>	<p>10</p> <p>TransCare Blood Pressure Clinic 10 a.m. Community Room</p> <p>BINGO 2:30 p.m.</p>	<p>11</p> <p>12th Floor Inspections 1:30 - 3 p.m.</p>	<p>12</p> <p>AARP 1 p.m.</p> <p>6th Floor Recon 7 a.m.</p>	<p>13</p> <p>SEP 9 a.m.</p> <p>Zumba 10 a.m.</p>	<p>14</p> <p>Wranglers 1-4 p.m.</p>
<p>15</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>16</p> <p>SEP 9 a.m.</p> <p>Podiatrist 4 p.m.</p> <p>BIBLE STUDY 6:30 p.m. Meeting Room</p>	<p>17</p> 	<p>18</p> <p>Soup & Sandwich Bingo 1 p.m.</p>	<p>19</p> <p>Schwan's 12:30 p.m.</p> <p>5th Floor Vents 1 p.m.</p>	<p>20</p> <p>EXTERMINATOR 9 A.M.</p> <p>SEP 9 a.m.</p> <p>Zumba 10 a.m.</p>	
<p>21</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>22</p> <p>Martin Luther King Jr. Day Office Closed</p>	<p>23</p>	<p>24</p> <p>BINGO 2:30 p.m.</p>	<p>25</p> <p>5th Floor Recon 7 a.m.</p>	<p>26</p> <p>Breakfast 8-9:15 a.m.</p> <p>Zumba 10 a.m.</p>	
<p>27</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>28</p> <p>SEP 9 a.m.</p> <p>Bible Study 6:30 p.m. Meeting Room</p>	<p>29</p> 	<p>30</p> <p>Newcomer's Reception 2 p.m.</p>	<p>31</p> <p>Schwan's 12:30 p.m.</p> <p>4th Floor Vents 1 p.m.</p>		

Thank you for evaluating AnyBizSoft PDF Password Remover.

With the trial version, only the first 5 pages of each file can be exported.

To get all the pages exported, you need to purchase the software from

<http://www.anypdftools.com/buy/buy-pdf-password-remover.html>