



# Interfaith Towers

Community News

July 2015



## Manager's Corner

The dog days of summer are here! Be sure to keep cool and hydrated. I hope you can all join us for the scheduled Grill Days which are held this month in the Community Room. You can have a great lunch fresh off the grill and enjoy the company of your friends and neighbors too! We'll have hot dogs, hamburgers and much more, see our menu inside this newsletter. Everything tastes better right off the grill!

We wish you all a safe and happy month of July!

Mary & your Staff of  
Interfaith Towers



### Lady Liberty

The Statue of Liberty is among America's most famous national monuments. Here are some little-known facts about the icon:

- The city of Boston put in a bid for it.
- Its creator, Frederic-Auguste Bartholdi, wanted it to be covered in gold so that it would be visible at night.
- Inventor Thomas Edison said he was designing a huge phonograph disc for the statue's interior so that it could "talk."

### Staff

**Mary Scilleppi**  
Property Manager  
**Linda Van Vlack**  
Administrative Assistant  
**Jessica DeGarmo**  
Resident Advisor  
**Rita Barber**  
Bookkeeper  
**Roy Charter**  
Superintendent  
**Greg Davis**  
Maintenance/Custodial

### Office Hours

Monday-Friday ..... 8 a.m.-4 p.m.

### Important Numbers

Office ..... (845) 452-1172  
Office FAX ..... (845) 452-0106  
Emergency Pager . (845) 431-6636

### Pathstone Senior Employment Program Staff

Jes Reyes ~ Café / Store

### The Scoop on Ice Cream

Whether you enjoy it in a cone or a cup, cool off with a scoop or two during National Ice Cream Month. Vanilla is the nation's favorite flavor, according to the International Ice Cream Association, followed by chocolate, pecan, Neapolitan and rocky road.



### Independence Day

On July 4, 1776, the Continental Congress approved the Declaration of Independence. A few days later, on July 8, the first public reading of the document occurred when Col. John Nixon read it to an assembled crowd in Philadelphia.



## Trivia Whiz

### Declaration Details

As freedom rings this Fourth of July, explore these facts about the Declaration of Independence.

#### *Initial autograph.*

John Hancock, president of the Continental Congress, was the first to sign the document. His signature is the largest, and the term "John Hancock" remains a common expression for a signature.

#### *Striking script.*

Historians say Timothy Matlack, clerk to the secretary of the Congress, is most likely the scribe who wrote out the famous script using a quill pen and ink.

#### *Colonial copies.*

Paper copies of the declaration were printed on the night of July 4 to be distributed throughout the Colonies. Only 26 of these versions exist today, and most are held in museums.



### HAPPY BIRTHDAY

July 2	Barbara Thestrup
July 3	Suzanne Morrissey
July 7	Norma Chalmers
July 8	Ronald Sofia
July 12	Diane Genovese
July 14	Joan Blom
July 14	Mary Scileppi
July 21	William Spindler
July 23	Anna Parry
July 23	Veronica Scivolette
July 26	Lucretia Lisk

*Happy Birthday with many blessings throughout the coming year!*



### A Figure of Speech

*Phrase:* Heard it through the grapevine

*Meaning:* Received information in an informal way

*Origin:* After the telegraph was invented, the term "grapevine telegraph" was used to describe how people communicated news by word of mouth rather than by the new technology. The phrase contrasts the coiling tendrils of a grapevine to the direct wire of the modern telegraph.



### RESIDENT ADVISOR'S CORNER

Nothing says summer like a juicy slice of watermelon. Not only is this refreshing fruit a great way to stay hydrated on hot days, but it also contains a type of amino acid that can provide relief to sore muscles. Also, remember to drink plenty of fluids, especially water on hot summer days.

Stay cool and please let me know if I can assist you in any way.

Sincerely,  
Jessie



### Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon Monday through Thursday in the community room for a suggested donation of \$3. **Sign-up sheets are posted on our main lobby bulletin boards. Sign up by NOON on the previous day** to enjoy a great meal at a great price!

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### Vive La Liberté!

July 14 marks Bastille Day, the French national holiday. The Bastille was a medieval fortress used as a prison. On July 14, 1789, a Parisian mob stormed the Bastille to seize armaments stored there, sparking the French Revolution.



# Welcome Home



## Wit & Wisdom

"History is a cyclic poem written by time upon the memories of man."  
—Percy Bysshe Shelley

"A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history."  
—Mohandas Gandhi

"A people without the knowledge of their past history, origin and culture is like a tree without roots."  
—Marcus Garvey

"One individual can begin a movement that turns the tide of history."  
—Jack Canfield

"History never looks like history when you are living through it."  
—John W. Gardner

"Never doubt that you can change history. You already have."  
—Marge Piercy

7/1 ~ Donatila Castellanos ~ 5K  
7/1 ~ Kenneth Reed ~ 4B  
*Wishing you many years of good health and happiness in your new home.*



## MANAGER'S COFFEE

Our monthly Manager's Coffee is scheduled for

**Friday, July 10, at 2 p.m.**

The informational meeting is followed by refreshments. All residents are invited and encouraged to attend.



## Monthly Breakfast

**Friday, July 31, 8-9:15 a.m.**

**Pancakes, French Toast, Scrambled Eggs, Bacon and Sausage, Fresh Fruit, Pastries, Coffee, Tea and Orange Juice**

*Purchase your ticket in the office—\$2 for residents and guests. Join us for breakfast and invite a friend!*

## MONTHLY BINGO!

**Monday, July 13, and  
Wednesday, July 29, at 2:30 p.m.**

Come enjoy an afternoon of **bingo!**  
Cards cost \$1 each.



## GRILL DAYS

We're firing up the grill!

Please join us on

**Thursdays, July 2, AND July 16,  
at 1 p.m.**

**for Grill Days!**

**Our menu includes:**

**Hamburgers - \$1.25**

**Cheeseburgers - \$1.50**

**Hot Dogs - \$1.00**

**Baked Beans - .50**

**Watermelon - .25**

**Chips - .50**

**Brownies - .50**

**Soda - .60**

**Water - .50**



No tickets necessary, just pay at the register for what you order. We hope to see you all there!



## Oldie but Goodie

Those little O's are more than 70 years old, but still the most popular. Created in 1941, Cheerios is America's cereal of choice, according to industry sales figures. People buy \$1 billion worth of the oat cereal each year.

# July 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<h1>JULY</h1>			1 SCHWAN'S 12:30 p.m.	2 3rd Floor Recon 7 a.m.  GRILL DAY - 1PM	3 OFFICE CLOSED	4 			
			5 Eucharistic Service 11:30 a.m.	6 SEP 9 a.m.	7	8 6th Floor Inspections 1:30 - 3 P.M.	9 4th Floor Vents 1 p.m.	10 SEP 9 a.m. ZUMBA 10 a.m. MANAGER'S COFFEE 2:00PM	11 Wranglers 1-4 p.m.
			12 Eucharistic Service 11:30 a.m.	13 SEP 9 a.m.  BINGO 2:30 p.m.	14 	15 SCHWAN'S 12:30 p.m.	16 2nd Floor Recon 7 a.m.  GRILL DAY - 1PM	17 EXTERMINATOR 9 A.M. SEP 9 a.m. Zumba 10 a.m.	18
			19 Eucharistic Service 11:30 a.m.	20 SEP 9 a.m.	21	22	23 3rd Floor Vents 1 p.m.	24 SEP 9 a.m. ZUMBA 10 a.m.	25
			26 Eucharistic Service 11:30 a.m.	27 SEP 9 a.m.	28	29 SCHWAN'S 12:30 p.m.  BINGO 2:30 p.m.	30	31 Breakfast 8-9:15 a.m. ZUMBA 10 a.m.	