



Interfaith Towers

Community News

June 2016



Manager's Corner

June is here! Hopefully when this newsletter is circulated the parking lot and sidewalks are complete and ready to service our property for years to come. Thank you all once again for your cooperation and understanding as all of our major projects were completed during the last year.

This being said, it is now time to begin planning for a huge celebration to mark the end of our construction phase! Let this planning begin!!

Wishing you all a wonderful month of June.

~Mary & your Staff of Interfaith Towers

SPONSOR OF THE MONTH

Our sincere thanks to

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**CITY DRUG**  
**324 Main Street**  
**Poughkeepsie, NY 12601**  
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for sponsoring the month of June!



Calorie-Burning Boost

Walking is one of the best forms of exercise. Increase the calories you burn by up to 15 percent by swinging your arms while you walk, keeping your elbows at a 90-degree angle.

Staff

Mary Scilleppi
Property Manager
Linda Van Vlack
Administrative Assistant
Jessica DeGarmo
Resident Advisor
Rita Barber
Bookkeeper
Roy Charter
Superintendent
Greg Davis
Maintenance/Custodial

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Important Numbers

Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636

Pathstone Senior Employment Program Staff

Silvana Marotta ~ Café / Store

A Day for Dads

Father's Day is celebrated on the third Sunday in June. It is a time to honor fathers, celebrate fatherhood and appreciate the influence of fathers in society. Let all the fathers in your life know how special they are on this day just for them.



Here Comes the Sun

June 20 marks the summer solstice, the first day of the summer season and the longest day of the year. On this day, the sun travels the longest path through the sky, providing the continental U.S. 14 to 16 hours of daylight.



Trivia Whiz

Celebrate the Stars and Stripes

The first Flag Act was passed June 14, 1777, to dictate that the United States flag be made of 13 alternating red and white stripes and 13 white stars on a blue background. Today, much of the country observes Flag Day on June 14.

Legend maintains that Betsy Ross, a seamstress from Philadelphia, made the first U.S. flag, but it was likely Congressman Francis Hopkinson who designed it.

The flag's colors hold special meaning: White represents purity and innocence, red symbolizes hardiness and valor, and blue stands for vigilance, perseverance and justice.

The public fascination with the flag as a patriotic symbol came about during the Civil War.

Happy Birthday

June 1	Linda Van Vlack
June 2	Robert Nixon
June 3	Hal Gildersleeve
June 5	Leon Hart
June 12	LeRoy Bowen
June 14	Gloria Wager
June 16	Kenneth Reed
June 17	Louise Micker
June 20	Laurie Lappas
June 21	John Cummings
June 24	Beatrice Eginger
June 25	Rupert Dyer
June 28	James McField
June 30	Johnny Johnson
June 30	Joseph LeClair

Happy Birthday with many blessings throughout the coming year!

RESIDENT ADVISOR'S CORNER

Mobile Farmers' Market

Mobile Farmers' Market

will be Stationed at Interfaith Towers again this summer!

Please join us on Thursday, June 9th, at 1 p.m. in the Community Room with Cloud Bartoli of the Mobile Farmers' Market. She will talk with us about the Mobile Market that will begin on Thursday, June 16th from 11:30 a.m. – 1 p.m. in our parking lot and every Thursday throughout the summer.

Also, as soon as we get the Farmers' Market Coupons from O.F.A., for eligible tenants, we will let you know.

As always, please contact me if you need assistance with anything.

~ Jessie

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FROM THE OFFICE

To: All Residents

From: Linda Van Vlack, Admin. Asst.

Subject: Rental Payments

Effective immediately, **all rental**

payments must be made payable to:

Sixty-Six Washington Street, Inc.

Our Chase Landlord Account will no longer accept any payments made payable to Interfaith Towers Apartments. If you do not already do so, please be sure to make your check or money order payable to Sixty-Six Washington St., Inc. and notify your banking institution if you have rent checks generated automatically.

Thank you very much.

know, sure **~**~**~**~**~**~**~**~**~**~**



Welcome Home

6/1 ~ William Bacon ~ 10L
We wish you many years of good health and happiness in your new home!



MANAGER'S COFFEE

Our monthly Manager's Coffee

is scheduled for

Friday, June 3rd at 2 p.m.

The informational meeting is followed by refreshments. All residents are invited and encouraged to attend.



Monthly Breakfast

FRIDAY, June 24, 8-9:15 a.m.

Omelets, Hash Browns, English Muffins, Fresh Fruit, Pastries, Coffee, Tea and Orange Juice.

Purchase your ticket in the office—\$3 for residents and guests. Join us for breakfast and invite a friend!

MONTHLY BINGO!

**Monday, June 13th, and
Wednesday, June 29th
at 2:30 p.m.**

Come enjoy an afternoon of **Bingo!**
Cards cost \$1 each.

Wonderful Watermelon

Nothing says summer like a juicy slice of watermelon. Not only is this refreshing fruit a great way to stay hydrated on hot days, but it also contains a type of amino acid that can provide relief to sore muscles.



Wit & Wisdom

"Do not go where the path may lead, go instead where there is no path and leave a trail."
—Ralph Waldo Emerson

"It's the way you ride the trail that counts."
—Dale Evans

"Pursue some path, however narrow and crooked, in which you can walk with love and reverence."
—Henry David Thoreau

"It's fun to be a little bit different in the world, to make a few new trails of your own."
—Dennis Weaver

"March on. Do not tarry. To go forward is to move toward perfection. March on, and fear not the thorns, or the sharp stones on life's path."
—Kahlil Gibran

"I could never resist the call of the trail."
—Buffalo Bill Cody



ANNUAL FLAG DAY BBQ

Please join us on
**Wednesday, June 15
at 1:00 p.m.**

for our annual
Annual Flag Day BBQ
Our menu will include:

- BBQ Chicken & Ribs
- Baked Beans
- Potato Salad
- Cornbread
- Watermelon
- Iced Tea & Lemonade
- Italian Ice

Tickets are available in the office, \$3/residents and \$6/guests. Guests are limited to one per tenant. We hope to see you all there! Remember to purchase your ticket early, the price doubles the date of the event.



Summer Is Here

Monday, June 20, is the first day of summer. Enjoy this longest day of the year.

June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>June</h1>			1	2 5TH Floor Vents 1 p.m.	3 SEP 9 a.m. MANAGERS COFFEE 2 PM	4
5 Eucharistic Service 11:30 a.m.	6 SEP 9 a.m.	7 EVERCARE B/P CLINIC 9:00 AM COMMUNITY ROOM	8 7th Floor Inspections 1:30 - 3 P.M.	9 4th Floor Recon 7 a.m. Farmers' Market Discussion With Refreshments 1 pm	10 SEP 9 a.m.	11 
12 Eucharistic Service 11:30 a.m.	13 SEP 9 a.m. BINGO 2:30 p.m.	14  Flag Day	15 ANNUAL FLAG DAY BBQ 1PM	16 Farmers' Mobile Market 11:30 - 1:00 Parking Lot 4TH Floor Vents 1 p.m.	17 Exterminator 8AM SEP 9 a.m.	18
FATHER'S DAY 19 Eucharistic Service 11:30 a.m.	20 SEP 9 a.m. FIRST DAY OF SUMMER	21 EVERCARE B/P CLINIC 9:00 AM COMMUNITY ROOM	22	23 3rd Floor Recon 7 a.m. Farmers' Mobile Market 11:30 - 1:00 Parking Lot	24 BREAKFAST 8-9:15 am	25 
26 Eucharistic Service 11:30 a.m.	27 SEP 9 a.m. PODIATRIST 4 p.m.	28	29 BINGO 2:30 p.m.	30 Farmers' Mobile Market 11:30 - 1:00 Parking Lot 3RD Floor Vents 1 p.m.	SPONSOR OF THE MONTH CITY DRUG	