



# Interfaith Towers

Community News

June 2017

## Manager's Corner

On behalf of Mary, we want to share the following message....

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I wish to thank you all for the love, support and prayers as my family and I cope with the loss of my granddaughter, Aurora. Your thoughtfulness and support means a great deal to all of us.

Love, Mary



### Fastest Fastball

The fastball might be the most common pitch used in baseball, but one flying at 105.1 mph is not something you see every day. Aroldis Chapman, the current record-holder for the fastest pitch in MLB history, has thrown balls clocked at that speed *twice*—in 2010 for the Cincinnati Reds and in 2016 for the New York Yankees.

### A Figure of Speech

*Phrase:* The world is your oyster.

*Meaning:* The opportunities for success are endless.

*Origin:* This idiom is attributed to William Shakespeare, who used it in his play "The Merry Wives of Windsor." The phrase is generally a metaphor of hope, suggesting that you can find success in life if you're willing to work for it, just like you might find a pearl if you labor to pry open an oyster's shell.

### Staff

**Mary Scilleppi**

Property Manager

**Linda Van Vlack**

Administrative Assistant

**Jessica DeGarmo**

Resident Advisor

**Rita Barber**

Bookkeeper

**Roy Charter**

Superintendent

**Greg Davis**

Maintenance/Custodial

### Office Hours

Monday-Friday ..... 8 a.m.-4 p.m.

### Important Numbers

Office ..... (845) 452-1172

Office FAX ..... (845) 452-0106

Emergency Pager . (845) 431-6636



### A Sweet Snack

It's the short but sweet season for sweet cherries, which are now being harvested in California and the Pacific Northwest. Once you get your hands on some, save a few for a nighttime snack. Cherries contain melatonin, a hormone that helps regulate the body's sleep cycle.

### Brainteaser

Question: Take a look at these words: banana, dresser and grammar. What makes them all unique?

Answer: If you take the first letter of each word and put it at the end, it will spell the same word backward.

### Great Outdoors Month

June is Great Outdoors Month and the perfect time to go for a stroll or sit in the sunshine. Studies have shown that spending time outside can increase vitamin D levels, strengthen the immune system and boost energy.



## Trivia Whiz

### Starry, Starry Night

The night sky has been inspiring stargazers for centuries. Adding to its beauty are 88 identifiable star patterns, called constellations. Have some fun finding a few of the most famous:

*Orion.* The distinct figure of Orion the Hunter is easy to find by his belt, represented by a row of three bright stars.

*Ursa Major.* The name of this constellation means "Great Bear," and it is notable for containing the Big Dipper, one of the most recognizable star patterns.

*Ursa Minor.* In Greek mythology, the "Little Bear" is the child of the Great Bear, and is also called the Little Dipper.

*Canis Major.* The brightest star in the night sky, Sirius, is located in this constellation, which means "Great Dog."



### JUNE BIRTHDAYS

June 1	Linda Van Vlack
June 2	Robert Nixon
June 3	Harold Gildersleeve
June 9	Galia Ossipo
June 12	LeRoy Bowen
June 14	Jose Rave
June 14	Gloria Wager
June 16	Kenneth Reed
June 17	Louise Micker
June 20	Laurie Lappas
June 21	John Cummings
June 24	Beatrice Eginger
June 24	Robert Scott
June 25	Rupert Dyer
June 28	James McField
June 30	Johnny Johnson
June 30	Joseph LeClair

### RESIDENT ADVISOR'S CORNER

#### MOBILE FARMERS' MARKET

The Mobile Farmers' Market will begin Thursday, June 8th, from 12:00 – 1:30 p.m. in our parking lot outside the Community Room and every Thursday throughout the summer.

We will post signs when the OFA Farmers' Market Coupons are available in the office. Please contact me if you need assistance with anything.

~ Jessie



### Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Thursday in the community room for a suggested donation of \$3. **Sign-up sheets are posted on our main lobby bulletin boards. Sign up by NOON on the previous day** to enjoy a great meal at a great price!



## Welcome Home

6/1 ~ Jose Rave ~ Apt. 3B

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6/1 ~ Elmer Klein ~ Apt. 7C

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We wish you many years of good health and happiness in your new home!





## Wit & Wisdom

“My father gave me the greatest gift anyone could give another person; he believed in me.”  
—Jim Valvano

“My dad had this philosophy that if you tell children they’re beautiful and wonderful then they believe it, and they will be.”  
—Emily Mortimer

“My father was my teacher. But most importantly he was a great dad.”  
—Beau Bridges

“It was my father who taught me to value myself. He told me that I was uncommonly beautiful and that I was the most precious thing in his life.”  
—Dawn French

“My father believed in toughness, honesty, politeness and being on time. All very important lessons.”  
—Roger Moore

### MANAGER’S COFFEE

Our monthly **MANAGER’S COFFEE** IS TEMPORARILY ON HOLD UNTIL FURTHER NOTICE.

### Monthly Breakfast

**Friday, June 30, 8-9:15 a.m.**

**Omelets, English Muffins, Hash Browns, Fresh Fruit, Pastries, Coffee, Tea and Orange Juice.**

*Purchase your ticket in the office—\$3 for residents and guests. Join us for breakfast and invite a friend!*



### MONTHLY BINGO!

**Monday, 6/5 @ 1:30;**

**Tuesday, 6/13 @ 2:30;**

**Thursday, 6/22 @ 1:30;**

Come enjoy an afternoon of Bingo.

### One Card Per Person

Hope to see you all there!

**Bingo & Lunch provided by  
COMMUNITY HOME SERVICES  
Proud Sponsor of the Month**



### ANNUAL FLAG DAY BBQ

Please join us on

**Wednesday, June 14  
at 1:00 p.m.**

for our

### Annual Flag Day BBQ

**Our menu will include:**

BBQ Chicken & Ribs

Baked Beans

Potato Salad

Cornbread

Watermelon

Iced Tea & Lemonade

Italian Ice

Tickets are available in the office, \$3/residents and \$6/guests. Guests are limited to one per tenant. We

hope to see you all there! Remember to purchase your ticket early, the price doubles the date of the event.



# June 2017

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<h1>June</h1>					1	2	3
					3RD Floor Recon 7 a.m.	SEP 9 a.m.	
4	5	6	7	8	9	10	
Eucharistic Service 11:30 a.m.	SEP 9 a.m.  Bingo & Lunch With Community Home Services 1:30 pm	EVERCARE B/P CLINIC 9:00 AM COMMUNITY ROOM	BIBLE STUDY - 2:30PM MEETING ROOM	FARMERS' MARKET 12-1:30  3RD Floor Vents 1 p.m.	SEP 9 a.m.		
11	12	13	14	15	16	17	
Eucharistic Service 11:30 a.m.	SEP 9 a.m.	Bingo & Lunch With Community Home Services 2:30 p.m.	FLAG DAY  FLAG DAY BBQ 1 pm  BIBLE STUDY - 2:30PM MEETING ROOM	2ND Floor Recon 7 a.m.  FARMERS' MARKET 12-1:30	Exterminator 8AM  SEP 9 a.m.	 <b>ENJOY SUMMER!</b>	
18	19	20	21	22	23	24	
FATHER'S DAY  Eucharistic Service 11:30 a.m.	SEP 9 a.m.	7th Floor Inspections 1:30 - 3 P.M.	SUMMER BEGINS  BIBLE STUDY - 2:30PM MEETING ROOM	FARMERS' MARKET 12-1:30  2ND Floor Vents 1 p.m.  Bingo & Lunch With Community Home Services 1:30 PM	SEP 9 a.m.		
25	26	27	28	29	30		
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		BIBLE STUDY - 2:30PM MEETING ROOM	1ST Floor Recon 7 a.m.  FARMERS' MARKET 12-1:30	BREAKFAST 8-9:15 am	SPONSOR OF THE MONTH  COMMUNITY HOME SERVICES	