



Interfaith Towers

Community News

July 2013

Celebrate America's Birthday

Members of the Second Continental Congress adopted the final draft of the Declaration of Independence on July 4, 1776.

In the years following the Revolutionary War, July Fourth would be marked with speeches, military events, parades and fireworks.

In 1941, Congress declared July Fourth a federal holiday.

Ask your grandchildren how they plan to celebrate the Fourth of July. Tell them how you celebrated at their age. Most municipalities do not allow people to set off their own fireworks, but it used to be a common practice.

Share with your grandchildren special memories you have of the holiday: potluck picnics, baseball games or a trip to the beach. Maybe you won a watermelon-eating contest!

Staff

Mary Scileppi
Property Manager
Linda Van Vlack
Administrative Assistant
Alicia Phillips
Resident Advisor
Penny Napolitano
Bookkeeper
Terry VanVlack
Superintendent
Roy Charter
Custodian

Important Numbers

Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636

Pathstone Senior Employment Program Staff

Kathleen Wilkinson - Café/Store
Edwin McLucas - Custodial

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Manager's Corner

July is one of the best months to find fresh locally grown produce. Farmers' Market coupons are available in the office. Check the posted signs to see if you are eligible and if so, stop by the office to receive them. They really help to stretch a dollar at the local Farmers' Markets.

July is full of activities here! Our Grill Days are the perfect opportunity for you to enjoy a fresh grilled hamburger or hot dog and enjoy the company of your friends and neighbors as well! We hope to see you all there! Wishing you and yours a happy, healthy month of July.

~Mary

Wit & Wisdom

"We are living in a world today where lemonade is made from artificial flavors and furniture polish is made from real lemons."

—Alfred E. Neuman

"When life gives you lemons, squirt someone in the eye."

—Cathy Guisewite



Holiday ABCs

F is for Fighting for the Freedoms we believe in
R is for Remembering key figures of the past
E is for Educating youth on the benefits of freedom
E is for Every person having the right to liberty

Happy 4th of July!



Talk About It

What Are You Reading?

With library summer reading programs in full swing and many grandchildren reading classic books for school, now is the perfect time to discuss some of your favorite stories.

- What are your favorite books? Authors? Genres? Which classic books that you've read did you love? Which did you not like?
- What books were precious to you when you were younger? As a child, did you enjoy reading a certain series? What did you read to your children or grandchildren when they were small?
- Have you ever attended a book signing? What author did you meet?

Happy Birthday

HAPPY BIRTHDAY!

July 2	Barbara Thestrup
July 7	Norma Chalmers
July 8	Ronald Sofia
July 14	Joan Blom
July 14	Mary Scileppi
July 16	Julia Baco
July 21	William Spindler
July 23	Dottie Scivolette
July 23	Anna Parry
July 26	Ann Pinello
July 26	Lucritia Lisk
July 30	Donald Johnson

Happy birthday with many blessings throughout the coming year!



RESIDENT ADVISOR'S CORNER

Hello everyone!

My first three months here have flown by! It has been my pleasure meeting and working with everyone here. If I have not had the opportunity to meet you yet, please be sure to stop by the office and say hello.

Our Walker's Club is off to a slow start; however, we are hoping it will attract more participants during the month of July. We meet in the lobby every Tuesday and Thursday at 9:30 a.m. (weather permitting) Please join us for a little early morning stroll.

Enjoy the month of July!
Alicia

Welcome Home

Robert Nixon ~ 4L ~ 6/16

Wishing you years of happiness and many blessings in your new home! Welcome!



Celebrate

July 23 is Gorgeous Grandma Day. Enjoy your day, all you gorgeous grandmas!



Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Thursday, in the community room for a suggested donation of \$3. Sign-up sheets are posted on our main lobby bulletin boards. Sign up by 10 a.m. on the previous day to enjoy a great meal at a great price!



GRILL DAYS

Please join us on
Thursday, July 3,
and
Thursday, July 17
at 1 p.m. for our annual
GRILL DAYS

Our menu will include:
Hamburgers ~ \$1.25
Cheeseburgers ~ \$1.50
Hot Dogs ~ \$1.00
Baked Beans ~ \$.50
Watermelon ~ \$.25
Chips ~ \$.50
Soda ~ \$.50
and
Cupcakes ~ \$.25

Come enjoy a nice grilled lunch with
your neighbors & friends. Guests
welcome! Hope to see you all there.



MONTHLY BINGO!

Monday, July 8, at 2:30 p.m.
Wednesday, July 31, at 2:30 p.m.
Come enjoy an afternoon of BINGO!
Cards cost \$1 each.

MANAGER'S COFFEE

Our monthly
Manager's Coffee

is scheduled on

Friday, July 5, at 2 p.m.

Informational meeting followed by
refreshments. All residents are invited
and encouraged to attend.



Monthly Breakfast

Friday, July 26, 8-9:15 a.m.

***Pancakes, French Toast, Scrambled
Eggs, Bacon, Sausage, Pastries, Fresh
Fruit, Coffee, Tea and Orange Juice***
*Purchase your ticket in the office—\$2 for
residents and guests alike. Join us for
breakfast and invite a friend!*



Seasonal Selections

If you like fresh produce, you should
love July. It's when summer fruits and
vegetables begin to reach their peak of
flavor and availability at farmers'
markets and in the produce aisle. Here's
the best of what July has to offer:

Vegetables: Basil, beans, beets, corn,
cucumbers, eggplant, okra, peppers,
summer squash and tomatoes.

Fruit: Apricots, blackberries,
blueberries, cherries, melons, peaches,
plums, raspberries and strawberries.



Remember Me?

A beautiful dancer
with many charming
qualities, Vera-Ellen is
known for her work in
Hollywood musicals of
the 1940s and '50s.




At the age of 18,
Vera-Ellen became
one of the youngest
Radio City Music Hall
Rockettes. She was
also one of the
shortest at 5-foot-4.

She made her
Broadway debut in
the Jerome Kern and
Oscar Hammerstein
musical "Very Warm
for May," working
alongside June
Allyson and Eve
Arden. The show ran
for only two months.

Vera-Ellen was
fortunate enough in
her relatively short
career to dance with
such luminaries as
Gene Kelly, Danny
Kaye, Donald
O'Connor and
Fred Astaire.

Perhaps the
best-known films
she appeared in are
"On the Town" and
"White Christmas."

July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 SEP 9 a.m. BIBLE STUDY 6:30 p.m. Apt. 8L	2	3 Grill Day 1:00 p.m.	4 	5 SEP 9 a.m. ZUMBA 10 a.m. Manager's Coffee 2 p.m.	6
7 Eucharistic Service 11:30 a.m.	8 SEP 9 a.m. BIBLE STUDY 6:30 p.m. Apt. 8L BINGO 2:30 p.m.	9 TransCare Blood Pressure Clinic 10 a.m. Community Room	10 6th Floor Inspections 1:30 - 3 P.M.	11 5th Floor Vents 1 p.m.	12 SEP 9 a.m. ZUMBA 10 a.m.	13 Wranglers 1-4 p.m.
14 Eucharistic Service 11:30 a.m.	15 SEP 9 a.m. BIBLE STUDY 6:30 p.m. Apt. 8L	16	17 Grill Day 1:00 p.m.	18 5th Floor Recon 7 a.m.	19 EXTERMINATOR 9 A.M. SEP 9 a.m. ZUMBA 10 a.m.	20
21 Eucharistic Service 11:30 a.m.	22 SEP 9 a.m. BIBLE STUDY 6:30 p.m. Apt. 8L	23 	24	25 4th Floor Vents 1 p.m.	26 Breakfast 8-9:15 a.m. ZUMBA 10 a.m.	27
28 Eucharistic Service 11:30 a.m.	29 SEP 9 a.m. BIBLE STUDY 6:30 p.m. Apt. 8L	30	31 BINGO 2:30 p.m.	31 		

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