



Interfaith Towers

Community News

November 2012

MANAGER'S CORNER

November is here and the holiday season will soon be upon us! This is the beginning of our busiest season. We have a bake sale planned for Election Day. We need volunteers! Can you bake something or perhaps help with sales on Election Day? Please let us know in the office if you are able to help. This fundraising effort will benefit our resident activities account. Also, our annual Thanksgiving luncheon is planned for Tuesday, Nov. 20. Be sure to purchase your ticket in the office, you won't want to miss this one!

Our entire staff would like to wish each and every one a very happy Thanksgiving. We hope all of you enjoy good food and the company of friends and family on this special day.

Mary and your staff of Interfaith Towers



Stay Social

Help keep your mind healthy and active by spending time with friends and family, serving as a volunteer, or joining a social club.



Positive Thought

"I can't change the direction of the wind, but I can adjust my sails to always reach my destination." —Jimmy Dean



Fall Back

Daylight saving time ends at 2 a.m. on the first Sunday in November, which this year is Nov. 4. Set your clocks back one hour. Remember, "spring forward, fall back."

Staff

Mary Scileppi
Property Manager
Linda Gorzka
Administrative Assistant
Anita Tomaszewski
Resident Advisor
Penny Napolitano
Bookkeeper
Terry VanVlack
Superintendent
Roy Charter
Custodian

Important Numbers

Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636

Pathstone Senior Employment Program Staff

Anna Smith - Café/Store
Helen Douglas - Computer Lab

Office Hours

Monday-Friday 8 a.m.-4 p.m.

An Attitude of Gratitude

In the words of author William Faulkner, "Gratitude is a quality similar to electricity: it must be produced and discharged and used up in order to exist at all." Be sure to share your appreciation of others this Thanksgiving.

Motivational Tip

"Wisdom is not a product of schooling but of the lifelong attempt to acquire it."
—Albert Einstein



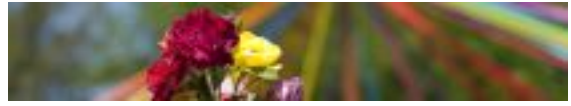


Talk About It

Remembering Role Models

November is National Inspirational Role Models Month, a time to consider those who have had a big impact on our lives. Talk with your friends and family about the people who have influenced you.

- Did you ever have a mentor? What was your relationship like? How did that person become your mentor?
- Who inspired you the most when you were younger? Was it a family member? Someone you knew? Or was it a famous person you looked up to? How did you aspire to be like this person? Why?
- Were you ever a role model or mentor for someone else? How did that make you feel?



Happy Birthday to ...

- | | |
|---------|-------------------|
| Nov. 1 | Albert Barnard |
| Nov. 3 | Edward DeNitto |
| Nov. 5 | Mary Reynolds |
| Nov. 6 | Clifton Johnson |
| Nov. 8 | Mildred Treanor |
| Nov. 9 | Bernice Clark |
| Nov. 12 | Brenden Murtha |
| Nov. 15 | Pat Vandemark |
| Nov. 21 | Marion Osterhoudt |
| Nov. 22 | Edith Roberts |
| Nov. 22 | Anita Tomaszewski |
| Nov. 23 | Gwen Dickens |
| Nov. 24 | Jean Ramsey |
| Nov. 26 | Patricia Maiure |
| Nov. 29 | Inez Fryar |
| Nov. 29 | Penny Napolitano |
| Nov. 30 | Anna Mae Johnson |
| Nov. 30 | Maria Velazquez |

Happy birthday with many blessings throughout the coming year!



VETERANS DAY

"On this Veterans Day, let us remember the service of our veterans, and let us renew our national promise to fulfill our sacred obligations to our veterans and their families who have sacrificed so much so that we can live free."

—Dan Lipinski

Thankfulness Year-Round

To maintain a feeling of thankfulness all year, keep a gratitude journal. Find five things each day to be grateful for, no matter how big or small.

RESIDENT ADVISOR'S CORNER

Hi Everyone.

On Election Day, Nov. 6, we are having a bake sale in The Community Room from 8 a.m. to 4 p.m. It would be wonderful if you would contribute some tasty treats. Proceeds will offset tenant activities.

Don't forget, Medicare Open Enrollment is Oct. 15 through Dec. 7, for those of you who wish to change your insurance plan.

Sincerely,
Anita



Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Thursday, in the community room for a suggested donation of \$3. Sign-up sheets are posted on our main lobby bulletin boards. Sign up by 10 a.m. on the previous day to enjoy a great meal at a great price!



Wit and Wisdom

"Youth is like spring, an overpraised season more remarkable for biting winds than genial breezes. Autumn is the mellower season, and what we lose in flowers we more than gain in fruits."

—Samuel Butler



THANKSGIVING LUNCHEON

Please join us on Tuesday, Nov. 20, at 1 p.m. for our annual

THANKSGIVING LUNCHEON

Our Menu will include:

Turkey & Gravy

Mashed Potatoes

Stuffing

Green Bean Casserole

Rolls & Butter

and

Pumpkin Pie

Purchase your tickets in advance at the office. \$3/Residents, \$6/Guests.

Hope to see you there!



Monthly Bingo

Thursday, Nov. 15, at 2:30 p.m.

Wednesday, Nov. 28, at 2:30 p.m.

Come enjoy an afternoon of BINGO!

Cards cost \$1 each.



MANAGER'S COFFEE

Our monthly Manager's Coffee is scheduled on Wednesday, Nov. 14, at 2 p.m. Informational meeting followed by refreshments. All residents are invited and encouraged to attend.



Monthly Breakfast

Friday, Nov. 30, 8-9:15 a.m.

Pancakes, French Toast, Scrambled Eggs, Bacon, Sausage, Pastries, Fresh Fruit, Coffee, Tea and Orange Juice
Purchase your ticket in the office—\$2 for residents and guests alike. Join us for breakfast and invite a friend!



AIR CONDITIONER COVERS

Winter is coming and it is once again time to cover your air conditioners. Please contact the office if yours has not been covered yet to arrange to have it covered.



Remember Me?

Though she was born Johnnie Collier, her stage name is much more recognizable: Ann Miller. Miller was an extraordinary dancer who graced the screen and stage, tapping all the way.

Seeking work, Ann lied about her age, claiming to be 18, when in fact she was barely 14.

The athleticism of her tap dancing was unlike other female dancers of the time. It was reported she could make more than 500 taps per minute.

In the 1930s, '40s and '50s, she appeared in many films, including "You Can't Take It With You," "Easter Parade" and "On the Town."

In the 1970s and 1980s, Miller spent much of her time on stage, with leading roles in the Broadway productions of "Mame" and "Sugar Babies."

November 2012

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

4	5	6	7	8	9	10
<p>DAYLIGHT SAVING TIME ENDS</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>SEP 9 a.m.</p> <p>TransCare Bingo 1:30-3 p.m. Community Room</p> <p>Bible Study 6:30 p.m. Meeting Room</p>	<p>ELECTION DAY</p> <p>BAKE SALE 8-4 Community Room</p>		<p>AARP 1 p.m.</p> <p>Schwan's 12:30 p.m.</p> <p>10th Floor Recon 7 a.m.</p>	<p>SEP 9 a.m.</p> <p>ZUMBA 10 a.m.</p>	<p>Wranglers 1-4 p.m.</p>
11	12	13	14	15	16	17
<p>VETERANS DAY</p> <p>Eucharistic Service 11:30 a.m.</p>	<p>Veterans Day (Federal Holiday)</p> <p>OFFICE CLOSED</p> <p>Bible Study 6:30 Pm Meeting Room</p>	<p>TransCare Blood Pressure Clinic 10AM Community Room</p> <p>2nd Floor Inspections 1:30-3pm</p> <p>PODIATRIST 4 p.m.</p>	<p>Manager's Coffee 2 p.m.</p>	<p>2ND Floor Vents 1 P.m.</p> <p>BINGO 2:30 p.m.</p>	<p>EXTERMINATOR 9 A.M.</p> <p>SEP 9 a.m.</p> <p>Zumba 10 a.m.</p>	
18	19	20	21	22	23	24
<p>Eucharistic Service 11:30 a.m.</p>	<p>SEP 9 a.m.</p> <p>BIBLE STUDY 6:30 p.m. Meeting Room</p>	<p>THANKSGIVING LUNCHEON 1PM</p>		<p>Thanksgiving</p> <p>OFFICE CLOSED</p> <p>Schwan's 12:30 P.m.</p> <p>Private Party Community Room</p>	<p>OFFICE CLOSED</p>	
25	26	27	28	29	30	
<p>Eucharistic Service 11:30 a.m.</p>	<p>BIBLE STUDY 6:30 p.m. Meeting Room</p>		<p>BINGO 2:30 p.m.</p>	<p>9th Floor Recon 7 a.m.</p>	<p>Breakfast 8-9:15 a.m.</p> <p>Zumba 10 a.m.</p>	

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