



Interfaith Towers

Community News

August 2014

MANAGER'S CORNER

Even if you have few assets or assume your heirs will "just split it up," don't underestimate the importance of having a will. One of the most valuable gifts you can give to your family is preparing a legal will indicating your wishes. A living will for health care decisions and a durable power of attorney that designates a representative for you in the event you are unable to make decisions are also important documents to have. During August we will schedule an informational session to discuss these topics with a local elder law attorney. Date and time will be announced on the bulletin boards. Please plan to attend.

Enjoy August.

Mary and your staff of Interfaith Towers

Laugh Lines

A tour bus driver has a bus full of senior citizens. As he's driving, the bus driver gets tapped on the shoulder by an older woman. She offers him a handful of peanuts, which he gratefully eats. After about 15 minutes, an older gentleman taps him on the shoulder and hands the driver another handful of peanuts. Several others repeat the generous gesture.

When one lady is about to hand him another batch of peanuts, the bus driver asks why the seniors aren't eating the nuts themselves.

"We can't chew them because we've got no teeth," she says.

Puzzled, the driver asks, "Why do you buy them then?"

The woman replies, "We just love the chocolate around them!"

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636

Staff

Mary Scileppi

Property Manager

Linda Van Vlack

Administrative Assistant

Jessica DeGarmo

Resident Advisor

Penny Napolitano

Bookkeeper

Roy Charter

Superintendent

Jim Scism

Custodian/Maintenance Asst.

Pathstone Senior Employment Program Staff

Kathleen Wilkinson - Café/Store

Helen Johnson - Café/Store

That's Just Peachy

August is peak season for peaches. There are many ways to enjoy this sweet, juicy fruit: peach cobbler, peaches and cream, peach ice cream, peach jam, or all by itself. For the best flavor, peaches should be stored at room temperature.



A Figure of Speech

Phrase: Cut to the chase

Meaning: Get to the point

Origin: The phrase originated in the film industry. Many early silent films ended in chase sequences preceded by less interesting scenes. "Cut to the chase" was a direction to get to the exciting part.



Talk About It

Getting To and Fro

Our world is filled with people on the go, but how they reach their destinations varies. Use the questions below to start a discussion about your own transportation experiences, as well as those of your friends and neighbors.

What was your first form of transportation? A car, a bicycle, maybe a horse? How old were you when you got it? Was it primarily for getting to school or work, or for fun and recreation?

Have you traveled by air, rail or sea? When did you make your first trip? Where did you go?

What is your favorite form of transportation? Why? Is there one you haven't tried yet that you would like to? If so, what would it be, and where would you go?

Happy Birthday

Aug. 10	Vernon Campbell
Aug. 11	Carol Carlton
Aug. 11	Jo Ann Pellegrino
Aug. 12	Mary Urquhart
Aug. 14	Michael DeMartino
Aug. 15	Robert Parker
Aug. 22	Ruby Slater
Aug. 24	Roshan Porbundervalla
Aug. 25	Sunny Asaram
Aug. 27	Julien Louis-Ferdinand

Happy Birthday with many blessings throughout the coming year!



RESIDENT ADVISOR'S CORNER

Welcome to our new Resident Advisor, Jessica DeGarmo, who joined our staff on July 21. We are very much looking forward to working with her on our staff team. If you have not had the opportunity to meet her, please stop by the office and we'll be sure to introduce you. Jesse will resume this column in September.



A Frosty Festivity

For years, families, friends and neighbors have enjoyed gathering for ice cream socials. Taking place since the 18th century, these events are commonly hosted by groups such as churches, schools and neighborhoods.

Typically held outside during the warm summer months, early ice cream socials often involved guests taking turns cranking the handle of a manual ice cream maker. Often, cakes and pies were served in addition to the ice cream, and conversation and games were a big part of the festivities.

Ice cream socials are still popular today and are a great way to entertain friends and family.

Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon Monday through Thursday in the community room for a suggested donation of \$3. **Sign-up sheets are posted on our main lobby bulletin boards. Sign up by NOON on the previous day** to enjoy a great meal at a great price!





MONTHLY BINGO!

Monday, Aug. 11, and

Wednesday, Aug. 27, at 2:30 p.m.

Come enjoy an afternoon of BINGO!

Cards cost \$1 each.



Ice Cream and Penny Social

Please join us on
Wednesday, Aug. 13,

at
2 p.m.

in the Community Room
for our

Ice Cream and Penny Social.

We'll enjoy ice cream sundaes and have the opportunity to win some great prizes at our penny social tables. Christmas in August is the theme so get ready to win some wonderful holiday prizes!

Tickets cost \$1/Residents and
\$2/Guests

Hope to see you there!



MANAGER'S COFFEE

Our monthly
Manager's Coffee

is scheduled on

Friday, Aug. 8, at 2 p.m.

The informational meeting is followed by refreshments. All residents are invited and encouraged to attend.

Monthly Breakfast

Friday, Aug. 29, ~ 8 - 9:15 a.m.

**Omelets, Hash Browns, English Muffins,
Fresh Fruit, Pastries, Coffee, Tea and
Orange Juice**

*Purchase your ticket in the office—\$3 for
residents and guests. Join us for
breakfast and invite a friend!*



Pour and Eat

Harvard University researchers found that eating breakfast cereal, especially whole-grain, high-fiber cereals such as oat squares, bran flakes or shredded wheat, can reduce your chance of developing high blood pressure. The more servings of cereal you eat each week, the greater the benefits.



Laugh Lines

School Daze

"Take out a pencil and paper," the teacher said.

"Imagine you are a millionaire, and write an essay on what you would do." All the children started writing, except Emily.

"Why aren't you writing your essay, Emily?" asked the teacher.

"I'm waiting for my secretary," she said.

A teacher was having trouble teaching math to a little boy. "If you reached in your right pocket and found a dollar, and you reached in your left pocket and found a quarter, what would you have?" she asked him.

"Someone else's pants," he answered.

Teacher: "Can someone give me a sentence using the word 'archaic' in it?"

Student: "We can't have archaic and eat it, too."

August 2014

Sunday

Monday




Tuesday

Wednesday

Thursday

Friday

Saturday

						1	2
3	4	5	6	7	8	9	
Eucharistic Service 11:30 a.m.	SEP 9 a.m. PODIATRIST 4 p.m.		5th Floor Inspections 1:30 - 3 P.M.	2nd Floor Vents 1 p.m.	SEP 9 a.m. ZUMBA 10 a.m. MANAGER'S COFFEE 2 p.m.	Wranglers 1-4 p.m.	
10	11	12	13	14	15	16	
Eucharistic Service 11:30 a.m.	SEP 9 a.m. BINGO 2:30 p.m.		Ice Cream & Mini Penny Social 2PM SCHWANS 12:30 p.m.	1st Floor Recon 7 a.m.	EXTERMINATOR 9 A.M. SEP 9 a.m. Zumba 10 a.m.		
17	18	19	20	21	22	23	
Eucharistic Service 11:30 a.m.	SEP 9 a.m.			1st Floor Vents 1 p.m.	SEP 9 a.m. ZUMBA 10 a.m.		
24/31	25	26	27	28	29	30	
Eucharistic Service 11:30 a.m.	SEP 9 a.m.		BINGO 2:30 p.m. SCHWANS 12:30 p.m.	12th Floor Recon 7 a.m.	Breakfast 8-9:15 a.m. ZUMBA 10 a.m.		